

BRAD PETERS

Registered Psychologist



ABOUT ME

I am a clinical psychologist with over 10 years' experience providing therapy to children (10+), teens, adults, couples and families, with issues of concern ranging from trauma/abuse to anxiety, depression, and relationship problems. My therapy approach is theoretically integrative and individually tailored to meet the needs of each client.

CONTACT

 5288 St. Margaret's Bay Rd
Upper Tantallon, NS B3Z 2J1

 bpeters@cornerstoneclinic.ca

 www.cornerstoneclinic.ca

 (902) 407-4456

EDUCATION

- 2004 - 2007 **The University of Victoria** **Victoria, BC**
Master of Science degree (M.Sc.) in Clinical Psychology. Thesis: The influence of parental separation and divorce on father-child relationships. Ph.D. Coursework and therapy practicum.
- Recipient of Dr. Julius Schleicher Graduate Scholarship & SSHRC Masters Scholarship.
- 2000 - 2004 **Saint Mary's University** **Halifax, NS**
Bachelor of Arts (B.A.), Honors in Psychology. Thesis: Pain responses in premature low birth weight infants during repeated painful procedures.

PROFESSIONAL EXPERIENCE

- 2010 - **Cornerstone Psychological Services** **Halifax, NS**
Registered Psychologist
Private practice psychologist and business owner, providing therapy for children (10+), teens, adults, couples, and families involving a range of presenting issues/concerns.
- 2008 - 2019 **Saint Mary's University** **Halifax, NS**
Part-time Professor
Undergraduate instructor; previously taught *Personality: Normal & Abnormal, Mind & Brain, Counselling & Psychotherapy, Personality and Special Topics.*
- 2008 - 2010 **Breakthrough Co-op Ltd.** **Halifax, NS**
Psychologist (Cand. Reg.)
Conducted child-adolescent assessments and provided therapeutic services for children, teens, adults, couples and families, treating a range of presenting concerns and underlying issues.

PROFESSIONAL EXPERIENCE

- 2008 - 2008 **Family Service Association** *Halifax, NS*
Psychologist (Cand. Reg.)
Staff psychologist at a not-for-profit multidisciplinary mental health clinic. Provided therapeutic services for children, teens, adults, and couples.
- 2008 - 2008 **Marsh-Knickle Psychological Services** *Halifax, NS*
Psychologist (Cand. Reg.)
Contract psychologist; provided therapy for children, adolescents, and families.

PROFESSIONAL DEVELOPMENT

- 2020 **First Aid for Health Anxiety** *APT Webinar*
Presentation by Dr. Sophie Marshall on how to help people cope with their health anxieties when health anxiety is entirely justified. Hosted by the *Association for Psychological Therapies (APT)*.
- 2020 **Minding the Children During the Pandemic** *APT Webinar*
Presentation by Dr. Kairen Cullen on how to help children cope with various aspects of the pandemic. Hosted by the *Association for Psychological Therapies (APT)*.
- 2018 **Ninth Joint International Conference** *Halifax, NS*
Large three-day conference in contemporary psychoanalysis on the theme of “belonging.” As one of the event organizers, I gave welcoming remarks and assisted in running some of the group activities.
- 2017 **Evolution of Psychotherapy Conference** *Anaheim, CA*
Large one-week psychotherapy conference involving some of the world’s most recognized researchers and clinicians from a variety of disciplines. Topics included psychodiagnostics and specific therapies.
- 2016 **ISTDP Immersion Course** *Halifax, NS*
Three-day immersion course in Intensive Short-Term Dynamic Psychotherapy (ISTDP) with Dr. Allan Abbass. Special focus on moderate to high resistance in treatment.
- 2015 **Somatic Experiencing (SE) Trauma Resolution Training** *Ashdale, NS*
Four-day beginning module in Somatic Experiencing therapy for trauma and PTSD with Berns Galloway. Special focus on somatosensory and emotion regulation.
- 2013 **ISTDP Immersion Course** *Halifax, NS*
Four-day immersion course in Intensive Short-Term Dynamic Psychotherapy (ISTDP) with Dr. Allan Abbass. Special focus on diagnosis and treatment of somatic effects of unprocessed emotion.
- 2012 **Palliative Care Workshop** *Halifax, NS*
Four-day immersion workshop covering principles and practices of palliative care and assisting, both physically and psychologically, those who are dying.

PROFESSIONAL DEVELOPMENT

- 2012 **Evolution of Psychotherapy Conference** **Anaheim, CA**
Large one-week psychotherapy conference involving some of the world's most recognized researchers and clinicians from a variety of disciplines. Topics included psychodiagnostics and specific therapies.
- 2009 **Ethics for Psychologists** **Halifax, NS**
APNS sponsored one-day workshop on ethics for practicing psychologists. Special focus on therapeutic dilemmas and following the ethical decision making process outlined in the CPA Code of Ethics.
- 2008 **Facilitating Secure Attachments with Traumatized Children** **Halifax, NS**
One-day presentation on attachment and parent-child relationships by Dan Hughes. Primary focus on facilitation of secure attachments with traumatized children and detailed strategies for parents.
- 2008 **Canadian Psychological Association Convention** **Halifax, NS**
National psychology convention featuring poster presentations, emerging research, and various workshops, including *The east part: Creating and managing a private practice in psychology*.
- 2006 **Brain Development and Learning Conference** **Vancouver, BC**
Four-day multidisciplinary conference covering topics such as learning and memory, ADHD, learning disabilities, neurodevelopmental disorders, and psychopharmacology.
- 2005 **Evolution of Psychotherapy Conference** **Anaheim CA**
Large one-week psychotherapy conference involving some of the world's most recognized researchers and clinicians from a variety of disciplines. Topics included psychodiagnostics and specific therapies.

PUBLICATIONS AND PRESENTATIONS

- Peters, B. (2014). Evolutionary psychology, design reification, and the denial of personhood—a reply to Klasios. *Theory and Psychology, 24*(1), 135-144.
- Peters, B. (2013). Evolutionary psychology: Neglecting neurobiology in defining the mind. *Theory and Psychology, 23*(3), 305-322.
- Peters, B. (2014). Evolutionary psychology, design reification, and the denial of personhood—a reply to Klasios. *Theory and Psychology, 24*(1), 135-144.
- Peters, B. (2013). Evolutionary psychology: Neglecting neurobiology in defining the mind. *Theory and Psychology, 23*(3), 305-322.
- Peters, B. (2012, October). Understanding the nature of anxiety. Public lecture conducted from Saint Mary's University, Halifax, NS.
- Kyriakdis, J., Oore, S. & Peters, B. (2012, October). In A. Hoffman (Chair), *The nature and role of inspiration, imagination, and notions of beauty in the sciences versus the arts*. Symposium conducted at the meeting of the Symphony Nova Scotia, Halifax, NS.
- Peters, B. & Ehrenberg, M.F. (2008). The influence of parental separation and divorce on father-child relationships. *Journal of Divorce and Remarriage, 49*, 79-109.
- Peters, B. (2007). *Parental separation and father-child relationships*. Poster presented at the Canadian Psychological Association Convention, Ottawa, ON.